

## **STATEMENT OF TEACHING PHILOSOPHY**

I've never learned as much as when I taught. As a teacher, I see myself as a collaborator with each individual student in this process of self-discovery, first a foremost because I believe arts must be to discover your own voice. I believe acting requires exploration and observation, and at the same time, I believe it is essential develop a critical thinking for artist to learn how to make assessment of their own process and progress. From my point of view, a teacher of theatre art must take in to account the peculiar constellation of intellectual and emotional that define each member of his class.

There is no "one-size-fits-all" technique to approaching theatre, every actor or director has his own personal way to approach to the theatre art.

My teaching approach focuses on physical training using skill and techniques derived from Michael Chekov, Sandford Meisner, Jacques Lecoq, Jerzy Grotowski, Eugenio Barba and Anne Bogart to name a few. As a teacher of theatre I strive to provide my students with a comprehensive experience involving intellectual, emotional and physical facets, which contribute to their personal development. In my opinion, each student should be challenged to realize and develop her/his own potential. I work to inspire the imagination, encourage inquiry and critical thought, and help students realize their own creative vision. In that way, I work to vary teaching methodologies in an effort to reach all students, such as research projects, small group creative activities, lectures, multi-media interrogation, performances, improvisations, and practical application of concepts whenever possible.

I always encourages students to take risks and endeavor in order to sustain a rehearsal ambience where students respect themselves and others, stimulates thought, growth and creativity. Any learning experience must have relevance for the student as s/he walk out the door. I believe the greatest gift a teacher can give students is a passion for the work she does. I posses a great enthusiasm for all areas of the theatre and dance, and I use to infect student with my enthusiasm.

I really enjoy working with beginning students helping them to discover and develop their own imagination and to begin an understanding of the potential of their physical instrument. I love challenges of helping more advanced student to apply the given tools, and to learn through practical experience, the collaborative process. I am also adept in

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teaching a variety of period styles, above all 20<sup>th</sup> century, from the first *avangarde* to post-modernist performance art for the actor and in theoretical way too.

As director I prefer to explore in a collaborative way with actors, it maybe from a text or from others material, through improvisations exploring in order to create a new thing on stage. I also seek to challenge my self and to hone my craft as an actress, director and teacher.